

Sitton Spelling Word List 1200 High-Frequency Writing Words page 1 of 6

Words are listed in the order of their frequency of use in everyday writing. Since "the" is the most frequently used word in our language, its number is one in the list. The first 25 words are used in 33% of everyday writing. The first 100 words appear in 50% of adult and student writing, and the first 1,000 words are used in 89% of everyday writing.

1 the	51 out	101 get	151 every
2 of	52 them	102 through	152 found
3 and	53 then	103 back	153 still
4 a	54 she	104 much	154 between
5 to	55 many	105 go	155 mane
6 in	56 some	106 good	156 should
7 is	57 so	107 new	157 home
8 you	58 these	108 write	158 big
9 that	59 would	109 our	159 give
10 it	60 other	110 me	160 air
11 he	61 into	111 man	161 line
12 for	62 has	112 too	162 set
13 was	63 more	113 any	163 own
14 on	64 her	114 day	164 under
15 are	65 two	115 same	165 read
16 as	66 like	116 right	166 last
17 with	67 him	117 look	167 never
18 his	68 see	118 think	168 us
19 they	69 time	119 also	169 left
20 at	70 could	120 around	170 end
21 be	71 no	121 another	171 along
22 this	72 make	122 came	172 while
23 from	73 than	123 come	173 might
24 I	74 first	124 work	174 next
25 have	75 been	125 three	175 sound
26 or	76 its	126 must	176 below
27 by	77 who	127 because	177 saw
28 one	78 now	128 does	178 something
29 had	79 people	129 part	179 thought
30 not	80 my	130 even	180 both
31 but	81 made	131 place	181 few
32 what	82 over	132 well	182 those
33 all	83 did	133 such	183 always
34 were	84 down	134 here	184 show
35 when	85 only	135 take	185 large
36 we	86 way	136 why	186 often
37 there	87 find	137 help	187 together
38 can	88 use	138 put	188 asked
39 an	89 may	139 different	189 house
40 your	90 water	140 away	190 don't
41 which	91 long	141 again	191 world
42 their	92 little	142 off	192 going
43 said	93 very	143 went	193 want
44 if	94 after	144 old	194 school
45 do	95 words	145 number	195 important
46 will	96 called	146 great	196 until
47 each	97 just	147 tell	197 form
48 about	98 where	148 men	198 food
49 how	99 most	149 say	199 keep
50 up	100 know	150 small	200 children

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201 feet	251 sure	301 living	351 rest
202 land	252 knew	302 black	352 perhaps
203 side	253 it's	303 eat	353 certain
204 without	254 try	304 short	354 six
205 boy	255 told	305 United States	355 feel
206 once	256 young	306 run	356 fire
207 animal	257 sun	307 book	357 ready
208 life	258 thing	308 gave	358 green
209 enough	259 whole	309 order	359 yes
210 took	260 hear	310 open	360 built
211 four	261 example	311 ground	361 special
212 head	262 heard	312 cold	362 ran
213 above	263 several	313 really	363 full
214 kind	264 change	314 table	364 town
215 began	265 answer	315 remember	365 complete
216 almost	266 room	316 tree	366 oh
217 live	267 sea	317 course	367 person
218 page	268 against	318 front	368 hot
219 got	269 top	319 American	369 anything
220 earth	270 turned	320 space	370 hold
221 need	271 learn	321 inside	371 state
222 far	272 point	322 ago	372 list
223 hand	273 city	323 sad	373 stood
224 high	274 play	324 early	374 hundred
225 year	275 toward	325 I'll	375 ten
226 mother	276 five	326 learned	376 fast
227 light	277 himself	327 brought	377 felt
228 country	278 usually	328 close	378 kept
229 father	279 money	329 nothing	379 notice
230 let	280 seen	330 though	380 can't
231 night	281 didn't	331 idea	381 strong
232 picture	282 car	332 before	382 voice
233 being	283 morning	333 lived	383 probably
234 study	284 I'm	334 became	384 area
235 second	285 body	335 add	385 horse
236 soon	286 upon	336 become	386 matter
237 story	287 family	337 grow	387 stand
238 since	288 later	338 draw	388 box
239 white	289 turn	339 yet	389 start
240 ever	290 move	340 less	390 that's
241 paper	291 face	341 wind	391 class
242 hard	292 door	342 behind	392 piece
243 near	293 cut	343 cannot	393 surface
244 sentence	294 done	344 letter	394 river
245 better	295 group	345 among	395 common
246 best	296 true	346 able	396 stop
247 across	297 half	347 dog	397 am
248 during	298 red	348 shown	398 talk
249 today	299 fish	349 mean	399 whether
250 however	300 plants	350 English	400 fine

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401 round	451 sat	501 music	551 figure
402 dark	452 possible	502 buy	552 you're
403 past	453 heart	503 window	553 free
404 ball	454 real	504 mark	554 fell
405 girl	455 simple	505 heat	555 suppose
406 road	456 snow	506 grew	556 natural
407 blue	457 rain	507 listen	557 ocean
408 instead	458 suddenly	508 ask	558 government
409 either	459 easy	509 single	559 baby
410 held	460 leaves	510 clear	560 grass
411 already	461 lay	511 energy	561 plane
412 warm	462 size	512 week	562 street
413 gone	463 wild	513 explain	563 couldn't
414 finally	464 weather	514 lost	564 reason
415 summer	465 miss	515 spring	565 difference
416 understand	466 pattern	516 travel	566 maybe
417 moon	467 sky	517 wrote	567 history
418 animals	468 walked	518 farm	568 mouth
419 mind	469 main	519 circle	569 middle
420 outside	470 someone	520 whose	570 step
421 power	471 center	521 correct	571 child
422 problem	472 field	522 bed	572 strange
423 longer	473 stay	523 measure	573 wish
424 winter	474 itself	524 straight	574 soil
425 deep	475 boat	525 base	575 human
426 heavy	476 question	526 mountain	576 trip
427 carefully	477 wide	527 caught	577 woman
428 follow	478 least	528 hair	578 eye
429 beautiful	479 tiny	529 bird	579 milk
430 everyone	480 hour	530 wood	580 choose
431 leave	481 happened	531 color	581 north
432 everything	482 foot	532 war	582 seven
433 game	483 care	533 fly	583 famous
434 system	484 low	534 yourself	584 late
435 bring	485 else	535 seem	585 pay
436 watch	486 gold	536 thus	586 sleep
437 shell	487 build	537 square	587 iron
438 dry	488 glass	538 moment	588 trouble
439 within	489 rock	539 teacher	589 store
440 floor	490 tall	540 happy	590 beside
441 ice	491 alone	541 bright	591 oil
442 ship	492 bottom	542 sent	592 modern
443 themselves	493 check	543 present	593 fun
444 begin	494 reading	544 plan	594 catch
445 fact	495 fall	545 rather	595 business
446 third	496 poor	546 length	596 reach
447 quite	497 map	547 speed	597 lot
448 carry	498 friend	548 machine	598 won't
449 distance	499 language	549 information	599 case
450 although	500 job	550 except	600 speak

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601 shape	651 period	701 sit	751 please
602 eight	652 blood	702 bought	752 meat
603 edge	653 rich	703 radio	753 lady
604 soft	654 team	704 method	754 west
605 village	655 corner	705 king	755 glad
606 object	656 cat	706 similar	756 action
607 age	657 amount	707 return	757 pass
608 minute	658 garden	708 corn	758 type
609 wall	659 led	709 decide	759 attention
610 meet	660 note	710 position	760 gas
611 record	661 various	711 bear	761 kitchen
612 copy	662 race	712 hope	762 pick
613 forest	663 bit	713 song	763 scale
614 especially	664 result	714 engine	764 basic
615 necessary	665 brother	715 board	765 happen
616 he's	666 addition	716 control	766 safe
617 unit	667 doesn't	717 spread	767 grown
618 flat	668 dead	718 evening	768 cost
619 direction	669 weight	719 brown	769 wear
620 south	670 thin	720 clean	770 act
621 subject	671 stone	721 wouldn't	771 hat
622 skin	672 hit	722 section	772 arm
623 wasn't	673 wife	723 spent	773 believe
624 I've	674 island	724 ring	774 major
625 yellow	675 we'll	725 teeth	775 gray
626 party	676 opposite	726 quiet	776 wonder
627 force	677 born	727 ancient	777 include
628 test	678 sense	728 stick	778 describe
629 bad	679 cattle	729 afternoon	779 electric
630 temperature	680 million	730 silver	780 sold
631 pair	681 anyone	731 nose	781 visit
632 ahead	682 rule	732 century	782 sheep
633 wrong	683 science	733 therefore	783 I'd
634 practice	684 afraid	734 level	784 office
635 sand	685 women	735 you'll	785 row
636 tail	686 produce	736 death	786 contain
637 wait	687 pull	737 hole	787 fit
638 difficult	688 son	738 coast	788 equal
639 general	689 meant	739 cross	789 value
640 cover	690 broken	740 sharp	790 yard
641 material	691 interest	741 fight	791 beat
642 isn't	692 chance	742 capital	792 inch
643 thousand	693 thick	743 fill	793 sugar
644 sign	694 sight	744 deal	794 key
645 guess	695 pretty	745 busy	795 product
646 forward	696 train	746 beyond	796 desert
647 huge	697 fresh	747 send	797 bank
648 ride	698 drive	748 love	798 farther
649 region	699 lead	749 cool	799 won
650 nor	700 break	750 cause	800 total

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801 sell	851 met	901 divide	951 member
802 wire	852 wheel	902 supply	952 twelve
803 rose	853 none	903 laid	953 mine
804 cotton	854 hill	904 dear	954 company
805 spoke	855 television	905 surprise	955 current
806 rope	856 bill	906 gun	956 pound
807 fear	857 solve	907 entire	957 valley
808 shore	858 pressure	908 fruit	958 double
809 throughout	859 report	909 crowd	959 till
810 compare	860 farmer	910 band	960 match
811 movement	861 count	911 wet	961 average
812 exercise	862 trade	912 solid	962 die
813 bread	863 chief	913 northern	963 liquid
814 process	864 month	914 flower	964 alive
815 nature	865 clothes	915 star	965 stream
816 apart	866 doctor	916 feed	966 provide
817 path	867 indeed	917 wooden	967 drink
818 careful	868 dance	918 sort	968 experience
819 narrow	869 church	919 develop	969 future
820 mental	870 original	920 shoulder	970 tomorrow
821 nine	871 enjoy	921 variety	971 drove
822 useful	872 string	922 season	972 population
823 public	873 sister	923 share	973 finish
824 according	874 familiar	924 jump	974 station
825 steel	875 onto	925 regular	975 shook
826 salt	876 imagine	926 represent	976 stage
827 speech	877 blow	927 market	977 oxygen
828 forth	878 quick	928 we're	978 poem
829 nation	879 law	929 flew	979 solution
830 knowledge	880 lie	930 finger	980 burn
831 appear	881 final	931 expect	981 cent
832 ate	882 rise	932 army	982 electricity
833 dinner	883 loud	933 cabin	983 everybody
834 hurt	884 fair	934 camp	984 rate
835 spend	885 herself	935 danger	985 dust
836 experiment	886 slow	936 purpose	986 worth
837 touch	887 noise	937 breakfast	987 community
838 drop	888 statement	938 proper	988 captain
839 chair	889 hungry	939 coat	989 bus
840 east	890 join	940 push	990 protect
841 separate	891 tube	941 express	991 cook
842 truck	892 rode	942 shot	992 raise
843 sing	893 empty	943 angry	993 further
844 column	894 twenty	944 southern	994 steam
845 twice	895 broke	945 dress	995 guide
846 particular	896 nice	946 bag	996 discover
847 shop	897 effect	947 proud	997 plain
848 unless	898 paid	948 neck	998 usual
849 spot	899 motion	949 breath	999 seat
850 neither	900 myself	950 strength	1000 accept

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1001 police	1051 magazine	1101 title	1151 barbecue
1002 consider	1052 agree	1102 enemy	1152 accident
1003 dozen	1053 fifty	1103 garage	1153 disease
1004 baseball	1054 escape	1104 lose	1154 construction
1005 rubber	1055 threw	1105 vegetable	1155 motor
1006 symbol	1056 planet	1106 parents	1156 affect
1007 support	1057 dangerous	1107 style	1157 conversation
1008 exactly	1058 event	1108 education	1158 evidence
1009 industry	1059 leader	1109 required	1159 citizen
1010 they're	1060 peace	1110 political	1160 environment
1011 beneath	1061 spelling	1111 daughter	1161 influence
1012 laugh	1062 chapter	1112 individual	1162 cancel
1013 groceries	1063 swimming	1113 progress	1163 audience
1014 popular	1064 opportunity	1114 altogether	1164 apartment
1015 thank	1065 immediately	1115 activities	1165 worse
1016 quarter	1066 favorite	1116 article	1166 transportation
1017 climbed	1067 settled	1117 equipment	1167 frozen
1018 continue	1068 telephone	1118 discuss	1168 waste
1019 potatoes	1069 repeat	1119 healthy	1169 couple
1020 receive	1070 prepare	1120 perfect	1170 function
1021 design	1071 instance	1121 recognize	1171 connect
1022 president	1072 avenue	1122 frequently	1172 project
1023 charge	1073 newspaper	1123 character	1173 pronounce
1024 mistake	1074 actually	1124 personal	1174 offered
1025 hospital	1075 employee	1125 disappear	1175 apply
1026 remain	1076 review	1126 success	1176 improve
1027 service	1077 convince	1127 traffic	1177 stomach
1028 increase	1078 allowed	1128 yesterday	1178 collect
1029 students	1079 nobody	1129 situation	1179 prevent
1030 insects	1080 details	1130 realize	1180 courage
1031 address	1081 muscles	1131 message	1181 occur
1032 sincerely	1082 model	1132 recently	1182 foreign
1033 dollars	1083 climate	1133 account	1183 quality
1034 belong	1084 coffee	1134 physical	1184 terrible
1035 bottle	1085 whenever	1135 neighbor	1185 instrument
1036 flight	1086 serious	1136 excited	1186 balance
1037 forget	1087 angle	1137 whisper	1187 ability
1038 bicycle	1088 feather	1138 available	1188 arrange
1039 secret	1089 determined	1139 college	1189 rhythm
1040 soldier	1090 dictionary	1140 furniture	1190 avoid
1041 silent	1091 ordinary	1141 leather	1191 daily
1042 structure	1092 extra	1142 husband	1192 identity
1043 height	1093 rough	1143 principal	1193 standard
1044 observe	1094 library	1144 medicine	1194 combine
1045 indicate	1095 condition	1145 excellent	1195 attached
1046 railroad	1096 arrived	1146 operation	1196 frighten
1047 knife	1097 located	1147 council	1197 social
1048 married	1098 program	1148 author	1198 factory
1049 suggested	1099 pencil	1149 organize	1199 license
1050 entered	1100 tongue	1150 concern	1200 recommend